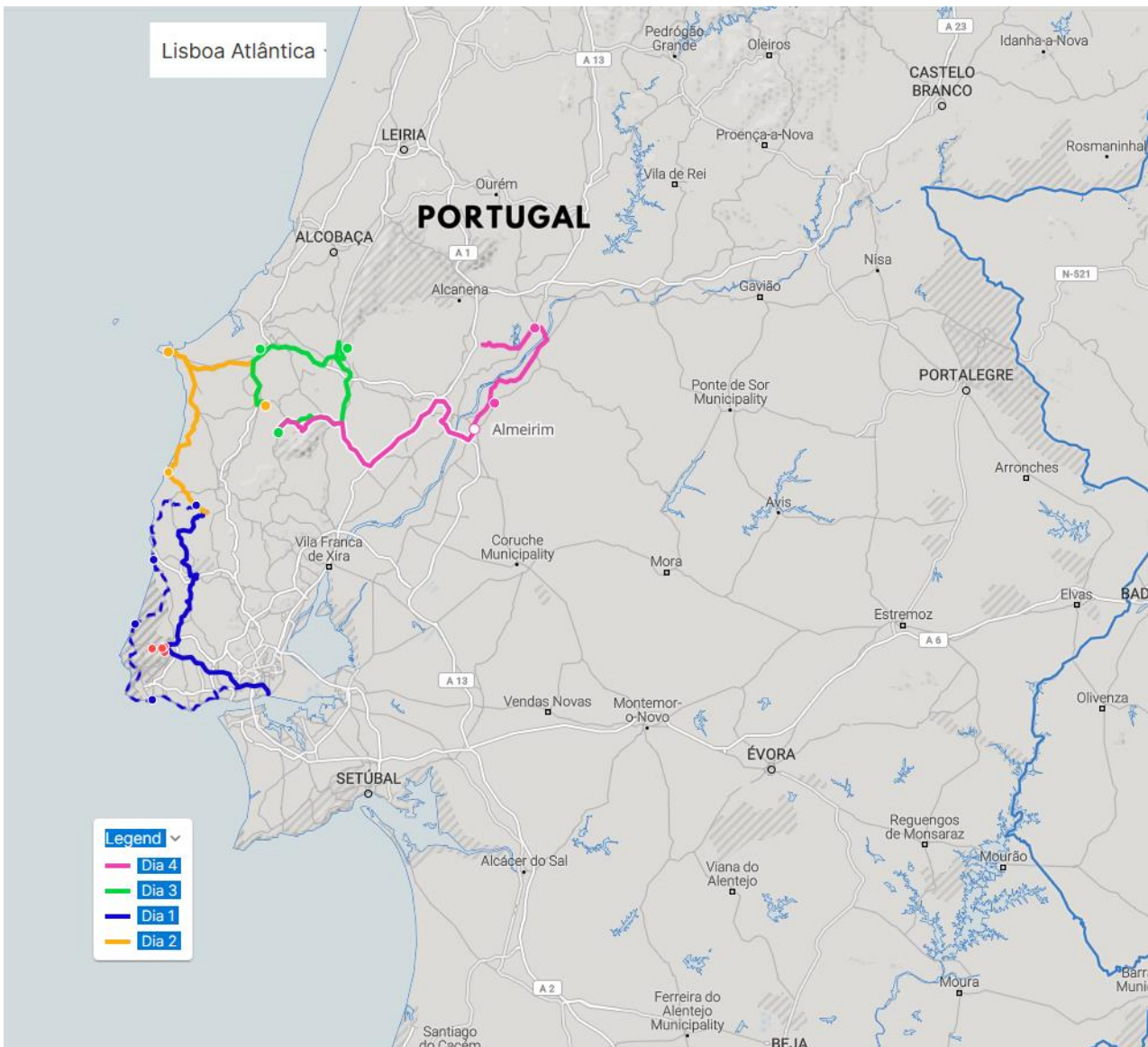


Lisboa, Portugal
Have a nice trip!

Lisbon – Atlantic Coast



Day 1

On the first day of your trip, you will be invited to choose one of two alternative suggestions.

Circuit 1

Will be a trip where you will get to know a set of places that are part of the construction of our history as a country. Having an important cultural heritage that will leave no one indifferent.

Departure from Lisbon with first stop in the beautiful Sintra village.

Circuit 2

Aims to be a more nature trip, where landscapes and stops on unique beaches are present on every corner.

You can always combine our suggestions to your liking, creating your own circuit.

You are invited to share with us your experiences that will help future explorers to walk their own path.

Have a good time!

Circuit 1

Sintra

Elevated to **World Heritage Cultural Landscape** on 1995, it is one of those places that deserves an extended stay. Between historical monuments and nature routes, between the coast and the historic center, there are numerous programs that deserve a trip.

Experiences to retain:

- Sintra tram: <https://visitsintra.travel/pt/descobrir/electrico-de-sintra>
- Regional flavors: <https://visitsintra.travel/pt/comer-beber/sabores-regionais>
- Useful information: <https://visitsintra.travel/pt/info/porque-sintra>

Some of the places you shouldn't miss:



Pena National Palace

National Monument since 1910, classified by UNESCO as a World Heritage Site since 1995. The greatest exponent of 19th century Romanticism in Portugal, with architectural references of Manueline and Moorish influence.

Sintra National Palace

Famous for its chimneys, this monument keeps alive the memory of medieval times in Portugal.

Don't forget to stop by the famous Piriquita pastry shop and eat a beautiful *travesseiro* or a queijada, typical cakes of this region.

Monserrate Palace

One of the most beautiful architectural and landscape creations of Romanticism in Portugal.

Quinta da Regaleira

Built in the 19th century, on the initiative of a rich cocoa industrialist, the Quinta palace's stands out for its Templar and Masonic symbolism.

Next stop: Mafra

Mafra

Known worldwide by the imposing National Palace of Mafra, it is characterized for being the only National Monument that integrates a Royal Palace, a Basilica and a Convent.

An exemplary monument of the wealth of the 18th century, it is an unforgettable experience.

The Palace and Convent of Mafra, ordered by King João V, is the most important monument of the Portuguese Baroque, surprising with a rare library of 40 thousand books and a set of unique rails in the world that are still active today.

A mandatory visit to Tapada Nacional de Mafra with its 819 hectares fully protected by a historic wall of 21 kilometres.

You can take the opportunity to visit the Tapada by train or on foot, by bicycle or on horseback

To carry in your luggage: the Mafra bread, one of the treasures of the Portuguese rural world.

More information:

<https://www.cm-mafra.pt/>



Continuing..

Departing from Mafra, expect about 30 minutes of travel, to your final destination of this first day.

We suggest the N9 itinerary.

Your destination: Municipal Road 555, Km 9

1st night – QUINTA DA ALMIARA – DAY 1

Surrounded by its 160 hectares of vineyards, Quinta da Almiara is located in a place of high landscape beauty, and is inserted in the Wine Region of Lisbon.

Circuit 2 (alternative)

It aims to be a more nature trip, where the landscapes and stops on unique beaches are present on every corner and the fishing villages welcome you!

Towards Cascais

Following the coast line, you will find a region of unusual wealth, which begins near the mouth of the Tagus river and extends by the EN6 from the beach of Paço d' Arcos to Guincho beach, accompanying all the splendor of the Sintra–Cascais Natural Park as a backdrop. Get to know the heritage, beaches and other amusements that await your visit.

Cascais, At the gates of the Atlantic, 20 minutes from Lisbon and Sintra, Cascais is a haven of tranquility and beauty.



Towards Ericeira

Following the path through Guincho, in the direction of Malveira the path continues, passing by Cabo da Roca, the western most point of Continental Europe.

Azenhas do Mar, Portugal

On the N247, you will also pass by Colares and Azenhas do Mar, places of traditional commerce and beautiful landscapes.

Ericeira, Portugal

Ericeira is a maritime village with eight centuries of history, with a long fishing tradition, being also recommended for the quality of its seafood and fish.

After a break, the road continues along the N247, envisioning a set of beaches bathed by the Atlantic, you can then take the detour to Ventosa that will take you to the site of the first stop:

1st night - [QUINTA DA ALMIARA - DAY 1](#)



Day 2

Towards Peniche

Santa Cruz Beach

Leaving the farm, towards **Torres Vedras** the destination is the well-known beach of St^a Cruz, considered by many to be one of the most beautiful beaches in Portugal.

In 2012, it was named the 16th best beach in the world by Condé Nast Traveller,

More information:

<https://www.evasoes.pt/ar-livre/saiba-santa-cruz-descubra-este-pequeno-paraiso-menos-hora-lisboa/2342/>

Lourinhã

Place where human presence dates back to prehistory times.

Here we discovered the most important testimonies of the presence of dinosaurs in our country – fossilized eggs with the respective embryos –

<http://www.cm-lourinha.pt/pr1rotadinossauros>

Peniche

Considered one of the largest traditional fishing ports in Portugal, it's a large Atlantic center of maritime-tourist activities.

Known for the art of bilros lace, much appreciated beaches, super pipes for surfing, stands out due to its large waves of tubular shape.

More information:

<https://www.visitportugal.com/pt-pt/node/73769>

To see: **Cabo Carvoeiro**, a place that offers stunning views



Berlenga Grande

First protected area of the country, UNESCO world biosphere reserve since 2011.

Its translucent waters are ideal for divers who find here a natural stronghold of marine fauna and flora.

Leaving Peniche, via IP6 direction Óbidos, and then IC1 to Bombarral, where Quinta do Sanguinhal awaits you.

Companhia Agrícola do Sanguinhal is dedicated to the exploitation of 3 farms in the Demarcated Region of Óbidos: Quinta do Sanguinhal, Quinta das Cerejeiras and Quinta de S. Francisco.

In wine tourism, wineries, mills and the distillery were recovered.

2nd night - QUINTA DO SANGUINHAL



Day 3

A day set aside to experience two fascinating places:

Towards Óbidos:

The medieval village of Óbidos is one of the most picturesque and well preserved in Portugal, a well-maintained castle and a maze of streets and white houses delight those who walk there.

Be sure to climb the walls and have a *ginjinha* in a glass of chocolate.

More information at: <https://www.visitportugal.com/pt-pt/content/obidos>



Towards Rio Maior

It was for centuries an important mining center, because the main activity was the extraction of rock salt from an extensive mine in the Serra.

Indulge in the roasted chicken served in one of the wooden houses, old salt warehouses, and with the famous little cheeses of salt, cooked in a wood oven.

More information at: <http://www.turismoriomaior.pt/conte.php?n=35>

On the way to rest

Leaving salinas, your destination will be Quinta do Gradil, distance of 40 Km, approximately 40 minutes, via IC2 / N115.

Have a good stay!

3rd night - QUINTA DO GRADIL

Get to know the farm that belonged to the Marquis of Pombal and participate in the activities at their disposal.



Day 4

Towards Almeirim

Leaving the farm, the next stop will be in Almeirim, also known for the famous stone soup and its legend.

Before you leave buy the famous *caralhotas*, delicious balls of homemade bread, cooked in a wood oven.

Next destination: Alpiarça

Alpiarça

Casa dos Patudos was the residence of José Relvas, Minister of Finance in the Provisional Government of the Republic between 1910 and 1911, and he was the one who established the shield in Portugal.

Currently is a museum, and presents a rich and vast collection composed of painting, sculpture and decorative arts.



Golegã

Continuing the N118 with beautiful landscapes, we arrive at Chamusca, heart of ribatejo, land of logs and horses, but where the Tagus River reigns. Golegã is the next stop. Local where every year the famous National Horse Fair takes place.

Leaving Golegã, the destination is Quinta Monteiro de Matos. A location where you can enjoy good company, wines, regional food and nice environment around the vineyards.

4th night - QUINTA MONTEIRO DE MATOS

